

## TORPOINT TOWN COUNCIL

### Application for Grant for Voluntary Organisations

**Please note that this application will not be considered unless it is accompanied by a copy of the latest set of annual accounts showing the organisations income, expenditure and level of balances. If the organisation does not prepare annual accounts, copies of the bank statements covering the previous six months must be enclosed.**

#### Notes to Applicants

To help us process your application quickly, please:

- Read the Applicant Guidance Notes carefully
- Complete the application fully – we will not consider incomplete forms
- Let us know if you have any questions before sending in your application

<b>Name of organisation</b>	<b>Guard – up Boxing CIC</b>
<b>Full postal address</b>	<b>14, Fairfield St Germans Saltash Postcode:PL12 5LR</b>
<b>Contact name/position</b>	<b>Andrew Fellows – Director/Head Coach</b>
<b>Telephone number</b>	<b>07856042470</b>
<b>Email</b>	<b>guardupboxing23@gmail.com</b>
<b>Charity Registration Number (if applicable)</b>	<b>Companies house: 15056893</b>
<b>Project title</b>	<b>Boxing for Fitness</b>
<b>Estimated start date</b>	<b>Ongoing</b>

#### **Please tell us about the project and why you think it should receive the contribution from Torpoint Town Council**

We are Guard-Up Boxing, a father and son led not-for-profit C.I.C. We currently run Boxing for Fitness sessions in Torpoint and Millbrook.

We are both active boxers and have taken part in multiple charity boxing events, and we train regularly. Being involved in participating and organising these events, we have recognised the significant benefits on mental and physical health that the training and learning of new skills can bring.

After looking into services within our community we found that we would be able to offer something new and unique.

Since our original 6 week pilot project in November/December 2023 in Torpoint, the interest for our sessions increased.

When we launched officially in January 2024 we were approached by the owners of Millbrook Football Club Social Club (The Brook) to see if we could run our sessions from there too. After a successful trial of 4 weeks throughout February we now regularly run weekly sessions for the Millbrook Community. The sessions have become quite a big hit, especially with the juniors (aged 8-15yrs old)

Each session has a structured lesson plan using the Hatton Academy Boxing for Fitness platform, of which I am a certified advanced level instructor.

Currently, I am the only qualified instructor and first aider. In order for Guard-Up Boxing to progress, and enhance our current offer to reflect the increase in participants, we feel now would be the right time for my son to gain the coaching qualifications to also be a qualified instructor and first aider. This will allow larger classes and sustainability for future sessions that we offer.

Currently I am qualified at an advanced level and feel Guard-Up Boxing participants would benefit from me obtaining additional training to an elite level instructor, with additional courses focussing on instructor skills, and a separate course

specialising in coaching juniors.

Guard-Up Boxing CIC to date has been self-funded with a view to obtaining additional funding to enhance the services we offer in the future.

The training we wish to obtain is:

1st instructor additional training: Elite, Instructor skills and boxing for juniors = £280.00

2nd instructor training: Fundamentals, advanced and boxing for juniors = £399.00.

First Aid for 2nd Instructor with 'Certifi Training' = £75

Total = £754

**Who will benefit from the project and how many of those are residents of Torpoint parish?**

Residents of the Millbrook and Torpoint communities will benefit from the extra coaching qualifications.

We currently have 21 junior students in Millbrook, and 16 junior students in Torpoint  
 Alongside the juniors we have 3 adult students in Millbrook, and 5 adult students in Torpoint

21 out of our 45 students are Torpoint residents

<b>Project costs</b> (Please provide a breakdown of the costs of the project)	<b>£</b>	<b>p</b>	<b>Funding</b>	<b>£</b>	<b>p</b>	<b>S = Secured A = Applied for</b> (delete as applicable)
<b>1<sup>st</sup> instructor additional training: Elite, Instructor skills and boxing for juniors.</b>	280	00	Own fundraising	140	00	50% secured by Millbrook Parish Council
<b>2<sup>nd</sup> instructor training: Fundamentals, advanced and boxing for juniors</b>	399	00		199	50	50% secured by Millbrook Parish Council
<b>First aid for 2<sup>nd</sup> instructor with 'Certifi' training.</b>	75	00		37	50	50% secured by Millbrook Parish Council
			Amount you are seeking from Torpoint Town Council	377	00	
<b>Total cost*</b>	<del>754</del>	00	<b>Total income*</b>	<del>754</del>	00	

**Please note: \*The Total Cost and Total Income amounts must balance**  
 (e.g. Total Cost - £100; Total Income - £100)

<b>Checklist</b> (Please make sure you have included the following with your application)	✓
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Written confirmation of any match funding awarded to your project (a letter or e-mail)	√
Your organisations latest set of accounts or latest bank statement	√

<b>Declaration</b>	
I declare that the information supplied in this application is true.	
I agree that, if this application is successful, any grant money received will be used for the purposes described in this form and in accordance with the terms and conditions listed below. I confirm that I am duly authorised and empowered to confirm this on behalf of the applicant group.	
Signature: A Fellows	Date: 12/06/2024
Name (Please Print): Andrew Lee Fellows	

### **Torpoint Town Council - Terms and Conditions**

1. Grants awarded must only be used to support the expenditure identified in the application, as approved, and for no other purpose.
2. Torpoint Town Council receives a report within 12 months of receipt of the grant, clearly showing that the money has been spent on the project.
3. The applicant must not use the grant for any unlawful activities, the promotion of political and/or religious activity or activities that are discriminatory on the grounds of religion, race, sex, sexual preference, age or disability.
4. Projects should not be for private profit.
5. If appropriate, the applicant must have insurance for any activity which the grant will be wholly or partly funding. This includes public liability cover at any community event.
6. Recognition of Torpoint Town Council financial support must be included on any promotional material.
7. The applicant will be required to participate in any publicity deemed appropriate by Torpoint Town Council associated with the offer of funding.



**Millbrook Parish Council Enquiries**

to me ▾

Thu, May 30, 5:53 PM (13 days ago)



Hello Andrew

Please find a link to the minutes of Millbrook Parish Council's last meeting.

Page 8 details the Parish Council's decision regarding your funding application:

20. Grant funding and community support initiatives (A.1.20) Guard Up Boxing CIC: The Council reviewed the grant funding request of £754 for Instructor training fees, as detailed in their application. It was proposed by Cllr Wilton, seconded by Cllr Roberts and unanimously agreed that providing evidence is produced that matched funding has been obtained from other sources that Council donates 50% of the amount requested. Resolved

Kind Regards

Karenza

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**Karenza Heald - Parish Clerk / RFO (CILCA)**

**Jo Bennetts - Admin Support Officer**

**Millbrook Parish Council**

**T: 01752 823128**

**E: [enquiries@millbrook-pc.gov.uk](mailto:enquiries@millbrook-pc.gov.uk)**

**W: <https://millbrook-pc.gov.uk>**